



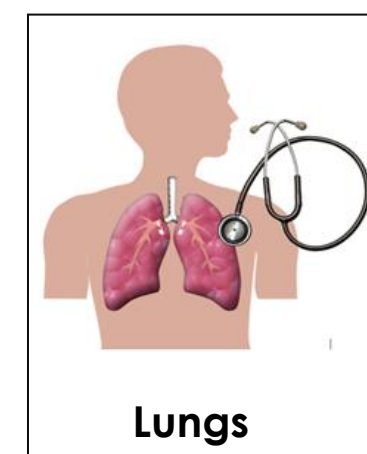
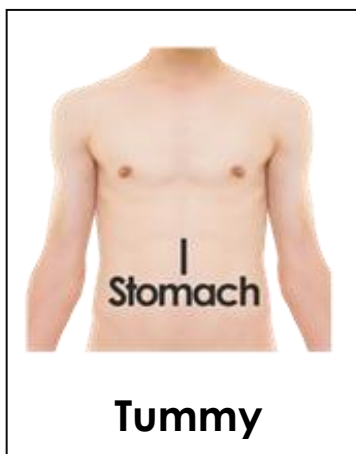
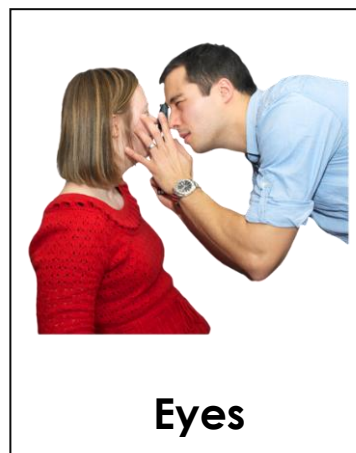
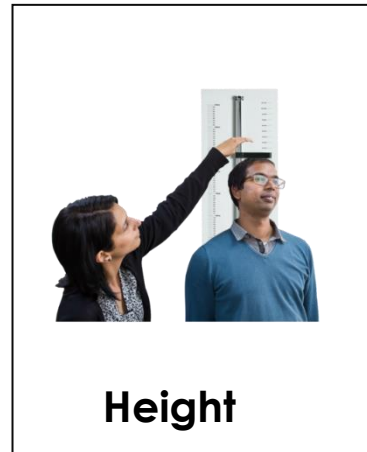


# What Happens at Learning Disability Annual Health Check appointment?

**“Anyone with a Learning Disability aged 14 or over, can get a free Learning Disability Annual Health Check at their doctor’s surgery.”**

 <p><b>Doctor’s Surgery</b></p>	<p><b>You go to your doctor’s surgery for the Annual Health Check on the date and time of your appointment</b></p>
	<p><b>Annual Health Check is a head-to-toe health check</b></p>
	<p><b>Your doctor’s surgery may ask to do part of your annual health check on the telephone or video call</b></p>
	<p><b>Your appointment needs to be at least 30 minutes long</b></p>
	<p><b>Your doctor’s surgery may ask you to bring a sample of your wee</b></p>

# The doctor or the nurse may check your:



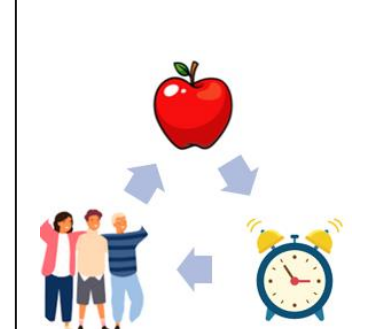
# The doctor or nurse may ask you about:



**The medications you are taking**



**The food you eat**



**Your lifestyle**



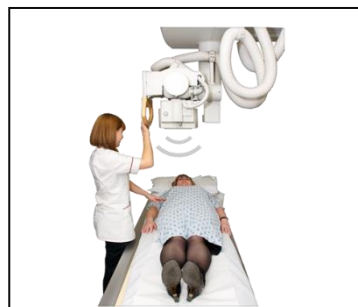
**The exercise you do**



**If you are having any problems going to the toilet**



**How you are feeling**



**Tests you can have to check for cancer**



**Your covid vaccine and flu vaccine**



**Any other health appointments you may have**



The doctor or nurse may do some extra tests if they think you need them like a:

- blood test
- wee test



The doctor or nurse may refer you to see someone else



You will be given an easy read Health Action Plan; this will tell you what you need to do to stay healthy



The doctor or nurse may give you easy read information about how to stay healthy